

Wisden Coaching

Batting + Bowling Books – OUT NOW !



The book also includes examples of players, past and present who are renowned for their expertise in certain techniques as well as words of advice from the legends

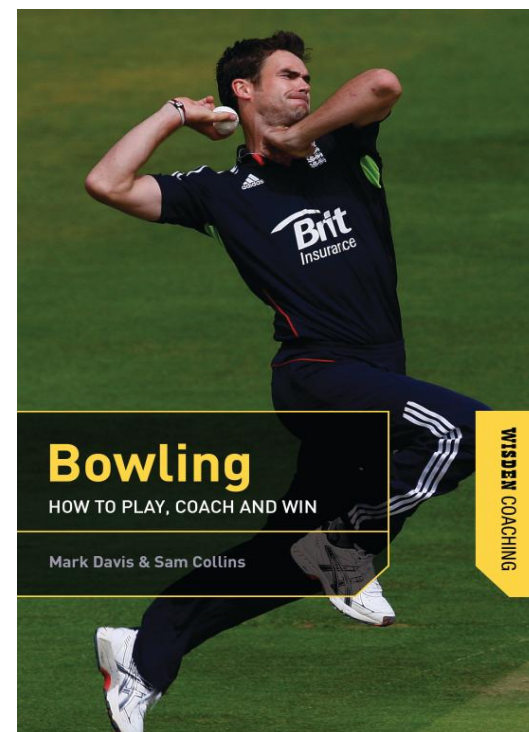
Both Batting and Bowling books are a one-stop shop for all cricket coaches, teachers and players looking for ways to improve play. It sets out coaching advice in clear, jargon-free language, with plenty of photographs to add further explanation. Also, a must for the cricket enthusiast. These books give a comprehensive understanding of how the game is played.

Content includes:

- The basics of Batting and Bowling techniques
- Techniques and step-by-step illustrated instructions
- Training drills to improve each skill
- Common problems - and how to fix them
- Technical and match advice from beginner to advanced levels
- Clear pictures and illustrations

Author - Mark Davis

Ex-Somerset & England 'A' cricketer. Currently Head Coach at Millfield School and commentator for Radio Bristol.



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